Dear Parents and Guardians,

<Class Name(s)> at <School Name> is holding a Waste-Free Lunch Challenge <on / from> <insert

date period>.

<On this/these days / During this period>, we ask that your child’s lunch contain as few items as

possible that must be thrown away. Ideally, your child’s lunch will only contain items that will be

eaten, composted or recycled.

Sensitivities for children with special dietary or religious needs will be considered for those who need to continue bringing pre-packaged food items in their lunch.

Examples of how to pack waste-free lunch items are provided in Planet Ark’s [‘Tips for Parents’](https://recyclingnearyou.com.au/documents/doc-21222-srr-wflg-parents.pdf) booklet on Planet Ark’s Schools Recycle Right website. You’ll also find easy recipes that can help with inspiration that are both nutritious and delicious!

Some quick tips include:

* Investing in reusable containers.
* Buying snacks in bulk, which is both economical and a way to reduce packaging waste.
* Looking for recyclable packaging, check the labels on packaging to see if it can be recycled.

The Waste-Free Lunch Challenge is one of <School Name>’s sustainability education initiatives. By

participating, students will have a better understanding of how we can take action to reduce our

waste. Waste-free lunches also save money and promote healthy eating.

[If the school canteen has agreed to provide waste-free lunches]: If your child cannot bring a waste-free

lunch from home, the school canteen can provide waste-free lunches <on the day / during

the Waste-Free Lunch Challenge>. [Provide details of what lunches will be served including prices,

and details of what type of container the students need to bring]. All your child needs to do is bring

reusable receptacles into which the lunch will be served, e.g. a reusable container, plate, bowl or

cup, and reusable fork, spoon and /or knife.

[If applicable]: Fruit and vegetable scraps (e.g. apple cores and banana skins) will be composted at

the school through our compost/worm farming system.

If you have any questions, comments or concerns about the Waste-Free Lunch Challenge, please

don’t hesitate to contact <Name of Designated Contact Person> on <Phone number>.

Thank you for supporting your child’s participation in <School Name>’s Waste-Free Lunch

Challenge.

Yours sincerely,

<School principal, teacher, coordinator, administrator etc>