

# WASTE-FREE ACTIVITIES

## FOR STUDENTS



### ACTIVITY A

Not all packaging is waste-free

Here are some pictures of different ways lunches can be packaged. Write down which packaging belongs in which category.

- 1. Aluminium can
- 2. Lunchbox
- 3. Apple core
- 4. Ziplock bag



- 5. Thermos bottle
- 6. Banana peel
- 7. Chips packet
- 8. Plastic bottle



REUSABLE

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COMPOSTABLE

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SINGLE USE

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RECYCLABLE

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## REFLECTION

What are some different options for the single use items you identified?

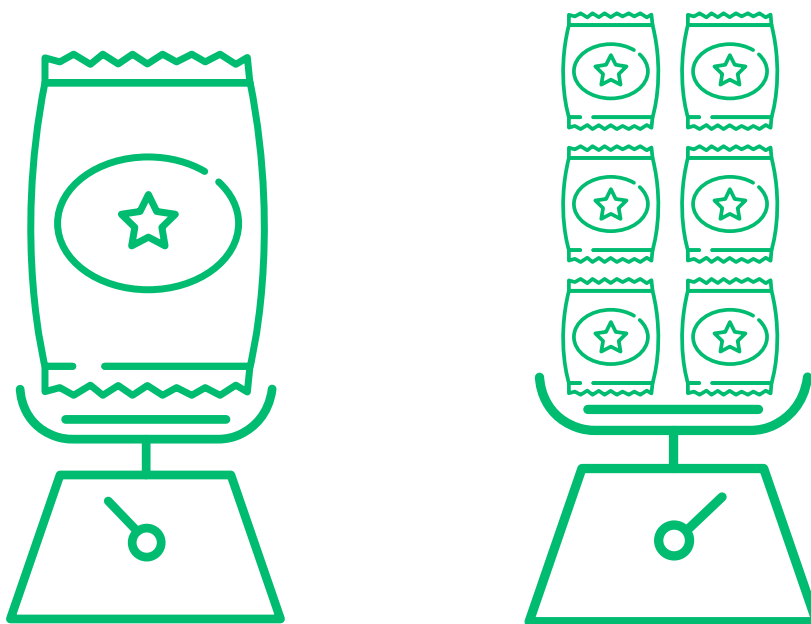
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## ACTIVITY B

### Large packets, individual packets - what's the difference?

A reusable container or silicone bag is a good way to bring snacks to school. We can fill them up from larger packets at home.



#### DID YOU KNOW?

There is less packaging in one large bag of snacks...

... than in many small bags of snacks.

## REFLECTION

What are some common lunchtime snacks that can come in large bags or packages?  
How can we bring a single portion for lunch to school from these packages?



## ACTIVITY C

### What can I recycle at school?

Some types of packaging can be recycled. Although it's important to try to reduce the amount of packaging we use, recycling whatever packaging we can is much better than throwing it in the rubbish bin.

In the table below, draw a happy face next to those items that can be recycled at school. Draw a sad face if they can't be recycled and must be thrown into the rubbish bin.

ITEM	Can recycle at school	Can't recycle at school	Can recycle at home
Juice or milk carton			
Plastic drink bottle			
Aluminium can			
Aluminium foil			
Paper bag			
Plastic wrap (eg. cling wrap)			
Chip packet			
Plastic tub (eg. single serve yoghurt/fruit)			
Squeeze pouch			
Tin (eg. small tin of fruit pieces)			