

# FOOD

## Going Beyond the Bin

# 50%

### Too Much

Food waste can make up half of the contents of a waste bin.

# 25x

### More Potent

When food scraps end up in landfill it produces methane. If this gas is not captured, a greenhouse gas 25 times more potent than CO<sup>2</sup> is released.



### Contamination

Food and liquids can't go in the recycling bin – it ruins the recycling process.

## 01 REDUCE



**Check what food you already have.**



**Plan your meals for the week.**



**Make a shopping list and stick to it.**



## 02 REUSE



**Make lunch from leftovers.**



**Freeze fruit for smoothies.**



**Freeze veggie scraps for homemade stock.**

## 03 RECYCLE



**Start composting, set up a worm farm, get a Bokashi bucket or donate your food scraps to a community garden.**